

Blood Glucose Level <4.0mmol/L

**LOW**

Causes

**Signs and Symptoms**

Paleness, headache, tingling limbs, dizziness, drowsiness, changes in behaviour

**DO NOT leave child UNATTENDED**

**Child Unconscious**

Risk of Choking/  
unable to swallow

**Give Sugar Serve**

5 Jelly Beans or 125ml  
lemonade, 2 jelly snakes or  
1 tbsp honey

**First Aid DRABC**

Stay with unconscious child